



## The ONE Finals Divisions



### All Star Cheer Divisions

Name	Division	Skill Level	Category	Gender	Age Range	Min Athlete	Max Athlete	Male
Tiny	All Star Cheer	Level 1	All Star Cheer	M/F	6 years & younger	5	32	
Mini	All Star Cheer	Level 1	All Star Cheer	M/F	8 years & younger	5	32	
Youth	All Star Cheer	Level 1	All Star Cheer	M/F	11 years & younger	5	32	
Junior	All Star Cheer	Level 1	All Star Cheer	M/F	14 years & younger	5	32	
Senior	All Star Cheer	Level 1	All Star Cheer	M/F	10-18 years	5	32	
Mini	All Star Cheer	Level 2	All Star Cheer	M/F	8 years & younger	5	32	
Youth	All Star Cheer	Level 2	All Star Cheer	M/F	11 years & younger	5	32	
Junior	All Star Cheer	Level 2	All Star Cheer	M/F	14 years & younger	5	32	
Senior	All Star Cheer	Level 2	All Star Cheer	M/F	10-18 years	5	32	
Special Needs	All Star Cheer	Level 2	All Star Cheer	M/F	Any Age	5	32	
Youth	All Star Cheer	Level 3	All Star Cheer	M/F	11 years & younger	5	32	
Junior	All Star Cheer	Level 3	All Star Cheer	M/F	14 years & younger	5	32	
Senior	All Star Cheer	Level 3	All Star Cheer	M/F	10-18 years	5	32	No Male
Senior - Coed	All Star Cheer	Level 3 Coed	All Star Cheer	M/F	10-18 years	5	32	1+ males
Youth	All Star Cheer	Level 4	All Star Cheer	M/F	11 years & younger	5	32	
Junior	All Star Cheer	Level 4	All Star Cheer	M/F	14 years & younger	5	32	
Senior	All Star Cheer	Level 4	All Star Cheer	M/F	10-18 years	5	32	No Male
Senior - Coed	All Star Cheer	Level 4	All Star Cheer	M/F	10-18 years	5	32	1+ males
Open	All Star Cheer	Level 4	All Star Cheer	M/F	17 years & older	5	32	
Senior	All Star Cheer	Level 4.2	All Star Cheer	M/F	10-18 years	5	32	
Senior - Coed	All Star Cheer	Level 4.2	All Star Cheer	M/F	10-18 years	5	32	
Junior	All Star Cheer	Level 5	All Star Cheer	M/F	14 years & younger	5	36	No Male
Junior - Coed	All Star Cheer	Level 5	All Star Cheer	M/F	14 years & younger	5	36	1+ males
Junior	All Star Cheer	Level 5R	All Star Cheer	M/F	14 years & younger	5	36	0-4
Senior	All Star Cheer	Level 5R	All Star Cheer	M/F	10-18 years	5	36	0-4

## All Star Prep Cheer Divisions

Name	Division	Skill Level	Category	Gender	Age Range	Min Athlete	Max Athlete	Male
Tiny Prep	All Star Prep Cheer	Level 1	All Star Prep	M/F	6 years & younger	5	32	
Mini Prep	All Star Prep Cheer	Level 1	All Star Prep	M/F	8 years & younger	5	32	
Youth Prep	All Star Prep Cheer	Level 1	All Star Prep	M/F	11 years & younger	5	32	
Junior Prep	All Star Prep Cheer	Level 1	All Star Prep	M/F	14 years & younger	5	32	
Senior Prep	All Star Prep Cheer	Level 1	All Star Prep	M/F	10-18 years	5	32	
Mini Prep	All Star Prep Cheer	Level 2	All Star Prep	M/F	8 years & younger	5	32	
Youth Prep	All Star Prep Cheer	Level 2	All Star Prep	M/F	11 years & younger	5	32	
Junior Prep	All Star Prep Cheer	Level 2	All Star Prep	M/F	14 years & younger	5	32	
Senior Prep	All Star Prep Cheer	Level 2	All Star Prep	M/F	10-18 years	5	32	
Youth Prep	All Star Prep Cheer	Level 3	All Star Prep	M/F	11 years & younger	5	32	
Junior Prep	All Star Prep Cheer	Level 3	All Star Prep	M/F	14 years & younger	5	32	
Senior Prep	All Star Prep Cheer	Level 3	All Star Prep	M/F	10-18 years	5	32	

## All Star Dance Divisions

Name	Division	Style	Gender	Age Range	# of athletes	Males
Tiny	All Star Dance	Hip Hop	M/F	6 years & younger	4 or more athletes	
Mini	All Star Dance	Hip Hop	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Hip Hop	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Hip Hop	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Hip Hop	Female	18 years & younger	4 or more athletes	No Males
Senior Coed	All Star Dance	Hip Hop	M/F	18 years & younger	4 or more athletes	
Open	All Star Dance	Hip Hop	Female	14 years & older	4 or more athletes	No Males
Open All Male	All Star Dance	Hip Hop	Male	14 years & older	4 or more athletes	
Open Coed	All Star Dance	Hip Hop	M/F	14 years & older	4 or more athletes	
Mini	All Star Dance	Jazz	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Jazz	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Jazz	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Jazz	Female	18 years & younger	4 or more athletes	No Males
Senior Coed	All Star Dance	Jazz	M/F	18 years & younger	4 or more athletes	
Open	All Star Dance	Jazz	Female	14 years & older	4 or more athletes	No Males
Open Coed	All Star Dance	Jazz	M/F	14 years & older	4 or more athletes	
Mini	All Star Dance	Lyrical Contemporary	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Lyrical Contemporary	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Lyrical Contemporary	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Lyrical Contemporary	M/F	18 years & younger	4 or more athletes	
Senior Coed	All Star Dance	Lyrical Contemporary	M/F	18 years & younger	4 or more athletes	
Open	All Star Dance	Lyrical Contemporary	M/F	14 years & older	4 or more athletes	
Open Coed	All Star Dance	Lyrical Contemporary	M/F	14 years & older	4 or more athletes	
Mini	All Star Dance	Pom	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Pom	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Pom	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Pom	Female	18 years & younger	4 or more athletes	No Males
Senior Coed	All Star Dance	Pom	M/F	18 years & younger	4 or more athletes	
Open	All Star Dance	Pom	Female	14 years & older	4 or more athletes	No Males
Open Coed	All Star Dance	Pom	M/F	14 years & older	4 or more athletes	
Mini	All Star Dance	Variety	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Variety	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Variety	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Variety	M/F	18 years & younger	4 or more athletes	
Senior Coed	All Star Dance	Variety	M/F	18 years & younger	4 or more athletes	
Open	All Star Dance	Variety	M/F	14 years & older	4 or more athletes	
Open Coed	All Star Dance	Variety	M/F	14 years & older	4 or more athletes	
Tiny	All Star Dance	Prep	M/F	6 years & younger	4 or more athletes	
Mini	All Star Dance	Prep	M/F	9 years & younger	4 or more athletes	
Youth	All Star Dance	Prep	M/F	12 years & younger	4 or more athletes	
Junior	All Star Dance	Prep	M/F	15 years & younger	4 or more athletes	
Senior	All Star Dance	Prep	M/F	18 years & younger	4 or more athletes	

### Recreation Dance Divisions

Name	Division	Style	Gender	Age Range	# of athletes	Males
Tiny Rec	Rec Dance	Variety (Any Style)	M/F	6 years & younger	4 or more athletes	
Mini Rec	Rec Dance	Variety (Any Style)	M/F	9 years & younger	4 or more athletes	
Pee Wee Rec	Rec Dance	Variety (Any Style)	M/F	10 years & younger	4 or more athletes	
Youth Youth	Rec Dance	Variety (Any Style)	M/F	12 years & younger	4 or more athletes	
Junior Rec	Rec Dance	Variety (Any Style)	M/F	15 years & younger	4 or more athletes	
Senior Rec	Rec Dance	Variety (Any Style)	M/F	18 years & younger	4 or more athletes	

### Performance Recreation Cheer Divisions

Name	Division	Skill Level	Category	Gender	Age Range	Min Athlete	Max Athlete	Male
Tiny Rec	Rec Cheer	Level 1	Rec Cheer	M/F	6 years & younger	5	32	
Mini Rec	Rec Cheer	Level 1	Rec Cheer	M/F	8 years & younger	5	32	
Pee Wee Rec	Rec Cheer	Level 1	Rec Cheer	M/F	10 years & younger	5	32	
Youth Rec	Rec Cheer	Level 1	Rec Cheer	M/F	11 years & younger	5	32	
Junior Rec	Rec Cheer	Level 1	Rec Cheer	M/F	14 years & younger	5	32	
Senior Rec	Rec Cheer	Level 1	Rec Cheer	M/F	18 years & younger	5	32	
Mini Rec	Rec Cheer	Level 2	Rec Cheer	M/F	8 years & younger	5	32	
Pee Wee Rec	Rec Cheer	Level 2	Rec Cheer	M/F	10 years & younger	5	32	
Youth Rec	Rec Cheer	Level 2	Rec Cheer	M/F	11 years & younger	5	32	
Junior Rec	Rec Cheer	Level 2	Rec Cheer	M/F	14 years & younger	5	32	
Senior Rec	Rec Cheer	Level 2	Rec Cheer	M/F	18 years & younger	5	32	
Youth Rec	Rec Cheer	Level 3	Rec Cheer	M/F	11 years & younger	5	32	
Junior Rec	Rec Cheer	Level 3	Rec Cheer	M/F	14 years & younger	5	32	
Senior Rec	Rec Cheer	Level 3	Rec Cheer	M/F	18 years & younger	5	32	
Junior Rec	Rec Cheer	Level 4	Rec Cheer	M/F	14 years & younger	5	32	
Senior Rec	Rec Cheer	Level 4	Rec Cheer	M/F	18 years & younger	5	32	

### School Cheer Divisions

Name	Division	Skill Level	Category	Gender	Age Range	Min Athlete	Max Athlete	Male
Elementary	School Cheer	Novice	School Cheer	M/F	6 <sup>th</sup> Grade & younger	5	32	
Elementary	School Cheer	Intermediate	School Cheer	M/F	6 <sup>th</sup> Grade & younger	5	32	
Junior High	School Cheer	Novice	School Cheer	M/F	9 <sup>th</sup> Grade & younger	5	32	
Junior High	School Cheer	Intermediate	School Cheer	M/F	9 <sup>th</sup> Grade & younger	5	32	
Junior Varsity	School Cheer	Intermediate	School Cheer	M/F	12 <sup>th</sup> Grade & younger	5	32	
Junior Varsity	School Cheer	Advanced	School Cheer	M/F	12 <sup>th</sup> Grade & younger	5	32	
Varsity	School Cheer	Intermediate	School Cheer	M/F	12 <sup>th</sup> Grade & younger	5	32	
Varsity	School Cheer	Advanced	School Cheer	M/F	12 <sup>th</sup> Grade & younger	5	32	
Collegiate	School Cheer	Advanced	School Cheer	M/F	College Enrollment	5	32	