

The ONE Finals - ALL STAR CHEER DIVISIONS

The age of the competitor as of August 31, 2016 will be the age used for competition purposes throughout the 2016-17 season. The divisions will be split into "Small" (5-20) and "Large" (21-32 or 36) if there will be at least two (2) teams in each of the "Small" and "Large" divisions. The ONE Finals reserves the right to sub-divide, combine, delete or add divisions based on registration according to the rules set forth by the USASF.

USASF ALL STAR CHEER DIVISIONS FOR 2016-2017

Cheer Divisions	Age	Female/Male	Number on Squad	Levels
Tiny Cheer				
Tiny	6 years & younger	Female/Male	5-32 members	1
Mini Cheer				
Mini	8 years & younger	Female/Male	5-32 members	1, 2
Youth Cheer				
Youth	11 years & younger	Female/Male	5-32 members	1, 2, 3, 4
Youth	11 years & younger	Female/Male	5-36 members	5
Junior Cheer				
Junior Restricted	14 years & younger	Limit 0-4 males	5-36 members	5
Junior	14 years & younger	Female/Male	5-32 members	1, 2, 3, 4
Junior	14 years & younger	No males	5-36 members	5
Junior Coed	14 years & younger	1 or more males	5-36 members	5
Senior Cheer				
Senior Restricted	10-18 years	Limit 0-4 males	5-36 members	5
Senior	10-18 years	Female/Male	5-32 members	1, 2
Senior	10-18 years	No males	5-32 members	3, 4
Senior Co-Ed	10-18 years	1 or more males	5-32 members	3, 4
Senior	10-18 years	Female/Male	5-32 members	4, 2
Senior **	12-18 years	No males	5-36 members	5
Senior Small Co-Ed	12-18 years	1-4 males	5-20 members	5
Senior Medium Co-Ed	12-18 years	1-8 males	5-30 members	5
Senior Large Co-Ed	12-18 years	1-18 males	5-36 members	5
International Open Cheer – Please see clarifications in the text below under the title				
International Open 5	14 years & older*	No males	5-24 members	5
International Open Small	14 years & older*	1-4 males	5-24 members	5
International Open Large	14 years & older*	5-12 males	5-24 members	5
International Open 6	17 years & older*	No males	5-24 members	6
International Open Small	17 years & older*	1-4 males	5-24 members	6
International Open Large	17 years & older*	5-15 males	5-24 members	6
Open				
Open 4	17 years & older	Female/Male	5-32 members	4

****Senior Level 5 and Open Level 5 & 6 cannot compete at the 2017 Cheerleading Worlds and at The ONE Finals.****



The ONE Finals
ALL STAR CHEER DIVISIONS GUIDELINES



Same Grid – Different Format

USASF Level 1				
Level 1	Tiny	6 years & younger	Female/Male	5-32 members
Level 1	Mini	8 years & younger	Female/Male	5-32 members
Level 1	Youth	11 years & younger	Female/Male	5-32 members
Level 1	Junior	14 years & younger	Female/Male	5-32 members
Level 1	Senior	10-18 years	Female/Male	5-32 members
USASF Level 2				
Level 2	Mini	8 years & younger	Female/Male	5-32 members
Level 2	Youth	11 years & younger	Female/Male	5-32 members
Level 2	Junior	14 years & younger	Female/Male	5-32 members
Level 2	Senior	10-18 years	Female/Male	5-32 members
USASF Level 3				
Level 3	Youth	11 years & younger	Female/Male	5-32 members
Level 3	Junior	14 years & younger	Female/Male	5-32 members
Level 3	Senior	10-18 years	No Males	5-32 members
Level 3	Senior Co-Ed	10-18 years	1 or more Males	5-32 members
USASF Level 4				
Level 4	Youth	11 years & younger	Female/Male	5-32 members
Level 4	Junior	14 years & younger	Female/Male	5-32 members
Level 4	Senior	10-18 years	No Males	5-32 members
Level 4	Senior Co-Ed	10-18 years	1 or more Males	5-32 members
Level 4	Open	17 years & older	Female/Male	5-32 members
USASF Level 4.2				
Level 4.2	Senior	10-18 years	Female/Male	5-32 members
USASF Level 5				
Level 5	Junior Restricted	14 years & younger	Limit 0-4 Males	5-36 members
Level 5	Junior	14 years & younger	No Males	5-36 members
Level 5	Junior Co-Ed	14 years & younger	1 or more Males	5-36 members
Level 5	Senior Restricted	10-18 years	Limit 0-4 Males	5-36 members
Level 5	Senior**	12-18 years	No Males	5-36 members
Level 5	Senior Small Co-Ed	12-18 years	1-4 Males	5-20 members
Level 5	Senior Medium Co-Ed	12-18 years	1-8 Males	5-30 members
Level 5	Senior Large Co-Ed	12-18 years	1-18 Males	5-36 members
Level 5	International Open 5	14 years & older*	No Males	5-24 members
Level 5	International Open Small	14 years & older*	1-4 Males	5-24 members
Level 5	International Open Large	14 years & older*	5-12 Males	5-24 members
USASF Level 6				
Level 6	International Open 6	17 years & older*	No Males	5-24 members
Level 6	International Open Small	17 years & older*	1-4 Males	5-24 members
Level 6	International Open Large	17 years & older*	5-12 Males	5-24 members
ADDITIONAL DIVISIONS				
Special Needs – Level 2 (In addition to NO Tosses Permitted)				
Special Needs		Any Age	Female/Male	Unlimited

****Senior Level 5 and Open Level 5 & 6 cannot compete at the 2017 Cheerleading Worlds and at The ONE Finals.****

The information below is associated with the Age Grid above.

The list above is a "menu" of divisions that may be offered by an individual event producer. An event producer does not have to offer every division listed above. **However, a USASF member event producer must only offer divisions from the grid above and/or combine/split divisions based upon the guidelines below, unless prior written approval is received from the USASF.** Divisions or rules that are "less" or "more" restrictive than those listed are not permitted without written permission from the USASF.

The age of the competitor as of **August 31, 2016** will be the age used for competition purposes throughout the 2016-2017 season for all club divisions.

***For all International Divisions (5 and 6), the eligible age for the athletes will be determined by the “calendar year of the competition” (Dec. 31 of the same year that the competition occurs) for its age cutoff date. Example: An athlete that is 13 turns 14 on December 12, 2016. She is competing at a competition on November 7, 2016. She is permitted to compete in International Open 5 (all girl or co-ed) because she turns 14 within the same calendar year as the event in which she is competing. A calendar year is considered January 1st – December 31st.**

The USASF recognizes the concern with fielding teams of a broad age range and highly recommends that individual gyms/programs be vigilant in monitoring participants of various ages on the same team and that, whenever possible, a team’s composition is made up of participants of similar ages.

The athletes who perform a routine must remain the same from start to finish and MAY NOT be replaced by another athlete at any time during the performance.

Sr 5 and Sr 5 Restricted/Jr 5 and Jr 5 Restricted

Senior Restricted Level 5 and Senior Level 5 divisions may not be combined into one division. Junior Restricted Level 5 and Junior Level 5 divisions may not be combined into one division.

Co-Ed Combining

For Junior Co-Ed Level 5, if there is only ONE co-ed competing, then the all girl and one co-ed team must be combined into one Junior Level 5 division (i.e. Four Junior Level 5 teams and one Junior Co-Ed Level 5 team = 5 Junior Level 5 teams for competition). If the Junior teams were split into Small and Large, then the Junior Co-Ed team must be placed in the Small or Large division that corresponds to the Junior Co-Ed team’s overall size (i.e. team of 18 in Small, team of 24 in Large).

For Senior Co-Ed Levels 3 and 4, if there is only ONE co-ed competing in a respective level, then that level must be combined into one Senior division (i.e. Four Senior Level 3 teams and one Senior Co-Ed Level 3 team = Five Senior Level 3 teams for competition). If the Senior teams were split into Small and Large, then the Senior Co-Ed team must be placed in the Small or Large division that corresponds to the Senior Co-Ed team’s overall size (i.e. team of 18 in Small, team of 24 in Large).

WHEN TO SPLIT DIVISIONS:

SMALL/LARGE SPLITS

Event producers **will** split the division into “Small” and “Large” divisions when there are at least **two** teams that will ultimately be registered in each respective division. The designation of “Small” and “Large” divisions must follow the team sizes below:

Small = 5 – 20 members

Large = 21 – 32 members (36 members for Level 5)

International Open 5/6 and International Open Level 6 is not permitted to split into Small and Large. Event producers will split divisions first by size (when applicable) and then by co-ed vs. all girl (when applicable only for Senior Restricted 5 and Level 4.2).

****SMALL/MEDIUM/LARGE SPLITS – For Senior Level 5**

Only Event producers will split the Senior Level 5 division into “Small” and/or “Medium” and/or “Large” divisions when there are at least **two** teams that will ultimately be registered in each respective division. The designation of “Small”, “Medium” and “Large” divisions must follow the team sizes below:

Small = 5 – 20 members

Medium = 21 – 30 members

Large = 31 – 36 members

An event producer must keep teams of 21 – 36 members in “Large” division, unless there are enough teams to split 2 teams each into “Medium” and “Large.”

NOTE: For Worlds qualifying divisions at an event where Worlds bids will be awarded, an event producer may leave Senior Level 5 divisions split regardless of the number of teams competing in them.

A/B SPLITS

If after splitting divisions into “Small” and “Large” (“Medium” for Senior Level 5) there are **10 or more** teams in the “Small” or “Large” division, then event producers may split that division further by squad size **or** into “Division II” divisions. If splitting further by size, then event producers must use a name such as “Group A”, “Group B” to denote the split and must clearly define the number of competitors permitted on the team for each of these particular divisions. If splitting into a “Division II” division, then the definition of “Division II” (small gym) listed below must be followed. If it is not possible to split into “Small” and “Large”, because there is only one “Large” team and multiple “Small” teams (or vice versa), then event producers may split a division using the above guidelines if the division has 10 or more teams.

No division may be subdivided further from the “Small”, “Large” or “Medium” (Senior Level 5) classification if it means that only **one** team will be left in a division.

Event producers will split divisions first by size (when applicable) and then by co-ed vs. all girl (when applicable only for Senior Restricted 5, Junior Restricted 5 and Senior Level 4.2). **If a division cannot be split by size (i.e. 5 total teams comprised of 4 small and 1 large), but can be split into co-ed vs. all girl with at least two teams remaining in each division, then the event producer may make this split at their discretion, despite not having split the division into small and large.**

“DIVISION II” (formerly Small Gym divisions)

A “Division II” gym is defined as having **125 or less** athletes registered in its competitive cheer program. Exhibition teams, crossover athletes, special needs teams and dance teams do not count toward the 125 or less athletes. “Prep” athletes are counted toward the 125 athletes or less.

It is up to the event producer’s discretion as to how to monitor “Division II” status for their particular event, given the definition provided above.

Divisions that are designated as “Division II” must use the definition of “Division II” listed above.

NOTE: Multi-location programs must follow the USASF “Definition of a Program” and declare their status before November 1, 2016 as either: (1) multiple locations sharing athletes; or (2) multiple locations not sharing athletes. Based on their declaration with the USASF, individual locations may or may not qualify for Division II.

Once a Division II gym registers 126 athletes or more, the gym must move to Division I status for the remainder of the competitive season regardless of the number of athletes may have in their program at any given time.

For further information/clarification see USASF **PROGRAMS: CLASSIFICATIONS & PROGRAM DEFINITION** document.

CO-ED SPLITS

After splitting divisions by size **(if possible)**, an event producer may only split Senior Restricted Level 5 into Senior Restricted Level 5 and Senior Restricted Co-Ed Level 5, or Junior Restricted Level 5 and Junior Co-Ed Restricted Level 5 or Senior Level 4.2 and Senior Co-Ed Level 4.2 when there are at least **two** teams that will ultimately be registered in each respective division.

Event producers will split divisions first by size (when applicable) and then by co-ed vs. all girl (when applicable only for Senior Restricted 5, Junior Restricted 5 and Senior Level 4.2). No other division may be split into Co-Ed. **If a division cannot be split by size (i.e. 5 total teams comprised of 4 small and 1 large), but can be split into co-ed vs. all girl with at least two teams remaining in each division, then the event producer may make this split at their discretion, despite not having split the division into small and large.**

SENIOR or JUNIOR RESTRICTED SPLITS

Event producers will split these divisions into Small Senior Restricted and Large Senior Restricted, and then Senior or Junior Restricted and Senior or Junior Restricted Co-Ed when there are at least **two** teams that will ultimately be registered in each respective division.

Event producers will split divisions first by size (when applicable) and then by co-ed vs. all girl (when applicable). **If a division cannot be split by size (i.e. 5 total teams comprised of 4 small and 1 large), but can be split into co-ed vs. all girl with at least two teams remaining in each division, then the event producer may make this split at their discretion, despite not having split the division into small and large.**

WORLDS SPLITS

Event producers may also, at their discretion, split divisions into “Worlds Qualifying” and “Non-Worlds” qualifying divisions as long as the levels, age and female/male restrictions designated above remain the same for each division.

Based on event registration for the 2017 Cheerleading Worlds, some divisions ultimately offered at that event may not be listed on the Age Grid above. As a reminder, an event producer may not offer divisions other than those listed above without prior approval from the USASF.

SPLIT EXCEPTIONS

Teams from the same gym will not have to compete against themselves if they have a “Small” and “Large” team in the same division (i.e. Small Junior Level 2 and Large Junior Level 2). A mandatory split in the division would occur in this situation; even it means that a division is left with only one team performing.

NOTE: For Worlds qualifying divisions at an event where Worlds bids will be awarded, an event producer may leave these divisions split regardless of the number of teams competing in them.

DIVISION II COMPETITIONS

Event producers may, at their discretion, offer separate competitions designated for “Division II” gyms only. At a “Division II” only event, any approved USASF division found on the USASF age grid may be offered by an event producer. “Division II” is defined as having 125 or less athletes registered in its competitive cheer program. Exhibition teams, crossover athletes, special needs teams and dance teams do not count toward the 125 or less athletes. “Prep” athletes are counted toward the 125 athletes or less.

If at any time during the season the gym’s membership goes above 125 athletes, then it will no longer qualify as a “Division II” gym for the remainder of the season.

It is up to the event producer’s discretion as to how to monitor “Division II” status for their particular event, given the definition provided above.

Competitions that are designated as “Division II” must meet the definition of a “Division II” gym as listed above.

INDIVIDUAL/GROUP STUNT/ PARTNER STUNT COMPETITION

The divisions of “Group Stunt”, “Partner Stunt” and “Individual” may be offered by an event producer at their discretion. The age, level and female/male restrictions designated above must remain in place for stunt divisions (i.e. no Mini Stunt Group may perform at L5 stunting skills). The age and level restrictions designated above must remain in place for “Individual” competition (i.e. no Tiny Individual may perform at L4 tumbling skills).

INTERNATIONAL TEAMS

For non-U.S. teams competing in any U.S. based competition, as well as for those teams competing at the **2017** WORLDS, these teams must follow the **USASF Age Grid** for Club divisions and the **IASF Age Grid** for International divisions.

CROSSOVERS

An individual will not be permitted to crossover from one program to another within the same event (Exception: An athlete from one gym without a Level 6 team may crossover to **one additional** gym’s Level 6 team provided (s)he meets the age requirement for a Level 6 team.

For the 2016-17 season, an all-star cheerleader is limited to crossing over to **2 (two)** additional cheer teams from their gym per competition. Therefore, an athlete may compete on one team and crossover to two more teams from the same gym during the competition.

An event producer may choose to be more restrictive than the rules above for crossovers limiting the number of teams an athlete may crossover to further; however an event producer may not be less restrictive than this.

Crossover limitations above do not include athletes that crossover from cheer to dance.

Crossovers between all-star **cheerleading** prep and traditional all-star **cheerleading** are not permitted at the same event.

EXHIBITION PERFORMANCES

Teams that perform in “exhibition” or “evaluation only” at an event must adhere to the USASF Age Grid and Level Rules as would any other team. “Exhibition” or “evaluation only” status does **not** allow a team to violate the safety rules or age restrictions (see exception below) that have been put in place for all athletes. Any additional exception to these rules must be obtained in writing from the USASF.

UNPLANNED ATHLETE REPLACEMENT

In the event of a missing/absent member of a team a gym may replace that athlete with another performer from that gym. A replacement is defined as an individual who was not on the team’s printed USASF roster taking the place of another athlete at an event. This usually occurs as a result of illness/injury.

If the replacement athlete does not meet the age requirements for that particular division (this includes a coach), then the team is permitted to perform in “exhibition” **only**. Performing competitively for a team with a replacement member who does not meet division age requirements is not permitted. All appropriate general safety rules and level rules must be followed for the team regardless of the age of performers on the team.

An unplanned replacement of an athlete(s) is limited to 3 performers maximum. Any number that exceeds 3 will result in the team **performing** in “exhibition” **only**.